



House of Lords COVID-19 Committee: Life beyond COVID

About this schools' pack

This pack has been designed for teachers and youth leaders to use with young people under 18 over the summer holidays and during the start of the autumn term.

The Committee is interested to hear young people's views on the future of life after COVID-19; specifically, what they think the impact will be two to five years from now.

What you share with us will help inform the Committee's thinking on these issues and help the Committee decide their next steps.

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What is the House of Lords COVID-19 Committee?

A House of Lords Select Committee is made up of 12 members, who each have different political ideas, life experiences and knowledge. Committees in the House of Lords hold inquiries into current issues and specialist subject areas.

During an inquiry, the Committee will ask a range of individuals and organisations to share their views and experiences on the chosen subject. At the end of the inquiry, the Committee might publish its conclusions and make recommendations for the Government. Their findings are made public and usually require a response from the Government.

The [COVID-19 Committee](#) was set up in June 2020 to consider the long-term impact of the COVID-19 pandemic on the economic and social wellbeing of the United Kingdom.

The Life Beyond COVID Inquiry



For its first inquiry, the COVID-19 Committee wants to look to the future and think about those things that, several years from now, will be (or should be) different than they would have been if the pandemic had not happened.

That could be because of rules in place that mean we have to do things differently, or it could be because experiencing the pandemic has changed how we think or feel, or because the immediate impact that has been experienced is so strong that it has consequences for the long term.

[Watch the Chair of the Committee, Baroness Martha Lane-Fox, introduce the inquiry and explain how you can get involved](#)

Key information: How to participate in the inquiry

- Hold your discussions during July, August or early September (questions and prompts are below)
- [Complete our online form](#) and submit the results of your discussions by **Friday 18 September 2020**
- If your group is on social media, share that you've participated. Tweet us [@HLCOVID19Com](#) and use the hashtag [#LifeBeyondCOVID](#)

Lesson Plan

Objective

To explore what young people believe will be the long-term impacts of COVID-19. This includes the potential to enact positive change as well as possible negative implications.

Curriculum areas

PSH(R)E, SMSC, Citizenship

Age groups

All

Guidance for teachers

This pack can be used during one session or activities can be used across a series of classes. The creative activity could also be set as homework or as part of an independent learning task or a group project.

The initial discussion activities will help students to reflect and to have their say on the previous six months. The activities also give classes the opportunity to think about how their futures might be different because of the pandemic – for better or worse.

The timings provided for the activities are for guidance only.

We understand that discussing lockdown, social distancing, the COVID-19 virus and other themes associated with the pandemic can cause students to feel nervous or anxious. When using this lesson plan, ensure that students are aware that they are in a safe space and that they can share as much or as little as they would like with the class and the Committee.

If you would not like your school and class to be named as participating, we will list your school as “*type of school from X region*”.

Information shared with the Committee will help them build a picture of what people think the long-term implications of the pandemic might be.

1. Starter Activity (5 minutes)

With the person sat next to them, ask the students to talk about what they liked and disliked about lockdown. For these discussions, ‘lockdown’ covers the period from March 2020 when schools were closed.

Let the students know that there are no right or wrong answers. If students are struggling to think of ideas, then there are some prompts in the outline for the activity below.

2. Whole Group Discussion (25-30 minutes)

To help stimulate discussions we have provided some ideas to serve as prompts. The use of these prompts is entirely optional.

Following the discussions, ask the students to decide what they think are the key points to be shared with the Committee. You can use the [online form](#) to share the results of the discussions.

Part 1: Reflecting on the pandemic

Question	Prompts
1. Things I enjoyed about lockdown	<ul style="list-style-type: none"> • Spending more time with family • Fun online lessons • Learning a new skill or improving an existing one • Not having to wear a school uniform • Not as much air pollution • Clapping for the NHS • Decide on three things the group enjoyed
2. Things I've not enjoyed about lockdown	<ul style="list-style-type: none"> • Missing friends and family members who do not live in your household • Not having reliable access to internet • Boredom • Having to queue to get into shops • Not having a choice of food options/food shortages • Missing big events i.e. parties, football matches, proms • Decide on three things the group didn't enjoy

Part 2: Life beyond COVID

Question	Prompts
3. What parts of lockdown would you like to see continued over the next 2-5 years?	<ul style="list-style-type: none"> • A flexible school timetable e.g. four days at school and one at home using online learning • Focus on reducing air pollution • Building more cycle lanes and widening pavements • Remembering the importance of not wasting food • Exploring local environment • Continued discussions and actions on issues relating to social inequality i.e. Black Lives Matter
4. It's 2023. What are you and those you know doing? What's different because of the pandemic?	<ul style="list-style-type: none"> • What are you be doing? <ul style="list-style-type: none"> ○ 16+ Are you studying or working? Has that changed because of the pandemic • How are you spending your free time? • What are your friends and family doing? • How has the ways you learn changed? • How do you think things will be different? • Do you feel differently about others because of the pandemic?
5. Age 13+ Do you think the pandemic has changed our priorities?	<ul style="list-style-type: none"> • Are there things that have happened during the pandemic that have changed the way you think about your future? In what ways have they changed the way you think your future?

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| | <ul style="list-style-type: none">• Do you think that society has learned things during the pandemic that will result in changes in the future?• What kind of changes do you think these will cause for you?• What kind of changes do you think these will cause for society? |
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3. Creative Activity

For this activity, we are inviting children and young people to get creative and share what they hope (and what they fear) the long-term impacts of the pandemic will be. This can be focused on their school and home life, their local community or the whole country. Your students can share their views in a wide range of ways including:

- Drawing, painting or collage
- Video
- Creative/persuasive writing exercise
- Poetry
- Song/rap
- Short drama piece
- Tik Tok*

**We understand that this may contravene some schools' social media policy. Share the link to your Tik Tok or upload it to Twitter.*

There are no restrictions on the number of students who can work on a piece for the Committee. Submissions can come from individuals, small groups, a whole class or the whole school.

You can submit your students' work by tweeting the Committee at [@HLCOVID19Com](https://twitter.com/HLCOVID19Com) using the hashtag #LifeBeyondCOVID. Please note that if you post using this hashtag, we will take this as permission to use the content as part of the Committee's inquiry (including on their website and any publications produced).

If you do not wish to submit your students' work via Twitter, or you do not want the school name to be used by the Committee, you can submit the work via engage@parliament.uk

Please submit your ideas to the Committee by **Friday 18 September 2020**.