



# Breakfast Menu

served between 08.30-11.30 am

morning quencher ● ✘ £1.55  
made with freshly squeezed orange juice

home-made fruit smoothies ● v ✘ £1.75  
please ask for today's selection

home-made fresh fruit salad ● v ✘ £3.30

the yoghurt pot ● v £1.65  
fresh fruit compote with low-fat natural yoghurt, muesli or granola  
(✘ without the muesli/granola)

6<sup>th</sup> floor bagel selection ● v £1.70  
plain, poppy or sesame seed with butter, honey, jam or cream cheese


English back bacon panini ● £2.80  
served with ketchup or mayonnaise

cheese & tomato panini melt ● v £2.55  
served with ketchup or mayonnaise

selection of croissants & pastries ● v £0.60-£0.75

## DIETARY INFORMATION

Wherever possible we use **British** produce in our restaurants and cafeterias.  
**Allergy sufferers** - please inform a member of staff if you have a food allergy.

low fat ● medium fat ● high fat ●  
suitable for vegans  suitable for coeliacs ✘ vegetarian option v