

lunch menu

tuesday 29 november 2011

soup red lentil with red pepper and spring onion
 ● ~~v~~ £0.85

pizza homemade spinach, ricotta, olive, chilli and tomato pizza served with dressed salad
 ● v £2.75

Street food Malaysian chicken curry
Kari ayam
 contains shellfish and soya
 ● £3.55



pasta spiced barbecued chicken leg with baby corn and spaghetti served with barbeque sauce
 ● £2.95

jacket potatoes broccoli florets in spinach and stilton sauce
 ● ~~v~~ £2.75

savoury minced lamb with vegetables and rosemary ● £2.75

mains chef's fish choice of the day – see separate poster

sweet potato and butternut squash paella with roasted quorn ● ~~v~~ £2.75


sides vegetables of the day v £0.55

potatoes v £0.55

MENU INFORMATION

Wherever possible we use *British* produce in our restaurants and cafeterias

Some of our menu items contain *allergens*. There is a small risk that traces of these may be found in other products served here. We understand the dangers to those with severe allergies so please ask to speak to a member of staff who will endeavor to help you make your choice.

suitable for coeliacs ~~v~~ suitable for vegetarians V suitable for vegans 
 low fat ● medium fat ● high fat ●

evening menu

tuesday 29 november 2011

soup red lentil with red pepper and spring onion
 ● ~~✂~~ v £0.85

Street food malaysian chicken curry
kari ayam
 contains shellfish and soya
 ● £3.55



pasta spiced barbecued chicken leg with baby corn
 and spaghetti served with barbeque sauce
 ● £2.95

jacket potatoes broccoli florets in spinach and stilton sauce
 ● ~~✂~~ v £2.75

savoury minced lamb with vegetables and
 rosemary ● £2.75

mains chef's fish choice of the day – see separate poster

sweet potato and butternut squash paella
 with roasted quorn ● ~~✂~~ v £2.75

char-grilled bacon steak with apple sauce on
 grain mustard mash and natural gravy
 ● ~~✂~~ £3.55

sides vegetables of the day v £0.55

potatoes v £0.55

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