

Equaliteas recipe form

Your full name:

Town/city you're from:

Recipe title:

Preparation time:

Cooking time:

Serves:

Ingredients:

Method:

Please email this completed form to: engage@parliament.uk and don't forget to attach a picture of your creation!

By ticking this box I consent to have my name and town/city published on the [EqualiTeas website](#) next to my recipe.