Universal Credit claimants could get extra £25 a week from November

Some will be eligible for Cold Weather Payments

David Bentley

18:00, 8 OCT 2019

Many will be eligible for the payment (Image: South Wales Echo)

Everyone knows the cost of heating can add up during the winter months, but there is help available to some.
Financial help for families on Universal Credit this winter - and how to claim it

This winter, the average household will spend £402.99 on energy bills - but what are your options if you can't afford it?

**Emma Munbodh** Deputy Money Editor

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**MONEY**

*could hit particularly hard in winter* (Image: Daily Mirror)

Vulnerable families are shivering to save money instead of turning their heating on this winter, according to a survey.

Nearly three quarters admit to restricting their use of heating in their home over concerns about energy costs, a report by Moneyexpert found.
Universal Credit claimants could get an extra £25 a week from next month - here's how

Cold Weather Payments are available to those on certain benefits - including Universal Credit - to help with heating costs over a specific period of the year

BY

David Bentley

• 05:30, 8 OCT 2019

COLD WEATHER PAYMENTS - EVERYTHING YOU NEED TO KNOW

Autumn and winter can be expensive times for household energy bills.

All the extra expense of heating, lighting and cooking hot meals in the home over the colder, darker months are a worry for most people as we use more gas and electricity while huddled indoors.

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For those on benefits the additional costs can push them into debt with energy suppliers.

But for some - including people on Universal Credit - there is the safety net of extra cash this winter if temperatures drop.